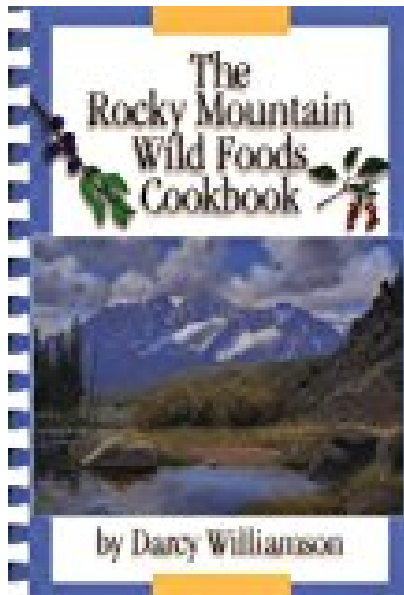


The Rocky Mountain Wild Foods Cookbook



BOOK DETAILS

- Author : Darcy Williamson
- Pages : 251 Pages
- Publisher : The Caxton Press
- Language : English
- ISBN : 0870043676

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BOOK SYNOPSIS

Describes the history, characteristics, and traditional medical uses of wild plants found in the Rockies, and suggests recipes using each plant

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